



Our Lady of Dolours Catholic Primary School

Living Loving and Learning in Christ

Parent and Friends
Association

Dr Paula Barrett - what a sensation.

Dr Paula Barrett has the splendid ability to transform the subject of childhood anxiety and resilience from taboo to an intriguing subject providing an insight into the lives and challenges of our children.

As the first entry into public events for our P&F, all of the feedback we have received has been great - with over 60 people attending we are so pleased with the outcome.

One of the most inspiring and engaging aspects of your presentation was your ability to make it real. With a subject that was/is so emotional and intellectual, you were able to bring personal and professional stories to make it real for everyone in the room.

Dr Paula Barrett you captivated the audience with a blend of humour, humility, intellect and charm.

Thank you.



Troy McGivery
President