



ANXIETY DISORDERS ALLIANCE (ADA)

Incorporating:
Triumph Over Phobias & OCD
PO Box 166
Penshurst NSW 2222

'Assisting you through
the anxiety maze.'

Anxiety Support Groups
Information Line
Phone: (02) 9570 4519
1800 626 055
jleitch@mentalhealth.asn.au
jriding@mentalhealth.asn.au



TOP Self Help Groups
Information Line
Phone: (02) 9570-4126
1800 626 077
ljunee@mentalhealth.asn.au

Website:
www.mentalhealth.asn.au/ada

The ADA Group is a
Standing Committee of
the
Mental Health Association
NSW Inc and is funded
through Northern Sydney
Health.

Dr Paula Barrett
Applied Psychology Health
Mt Garvatt Campus
Griffith University QLD 4111

Anxiety/Depression Symposium
Date: **Tuesday 12 October 2004**
Where: Sydney, venue to be confirmed.

Dear Paula,

I am sorry that I didn't get a chance to talk with you in Melbourne at the National Anxiety Disorders Conference in March this year. I was most impressed with your keynote address. It was an excellent presentation and it was hard to believe you had just flown in from London—jet lag must really suit you!

I am arranging a day-long symposium on Anxiety and Depression during Mental Health week. I have spoken with your office about asking you to be one of the four speakers for this day symposium and they suggested I e-mail you with all the details.

I am inviting Professor Gavin Andrews to do an overview on anxiety disorders, Dr Michael Carr-Gregg to talk on depression and young people, Professor David Castle to present on anxiety and substance abuse and for you to give your talk on anxiety disorders in children.

Our target audience will be health professionals, school pastoral care workers, school counsellors, and consumers and carers. We hope to attract an audience of at least 200 participants.

Paula, we can cover your airfare from Brisbane, and we can arrange hotel accommodation on the Monday night if you would prefer to fly down the night before. If possible I would like you to talk after Gavin, around 11 am. We can also offer you a (regrettably small) honorarium.

We would be honoured if you will take part in this important symposium. We are looking forward to an excellent day.

Sincerely

(per) 
Jenny Learmont AM Hon. MD
Chair