



31 May 2011

Professor Paula Barrett  
Founder,  
Pathways Health and Research Centre  
18/8 Catherine Street  
Woolloongabba 4102

Dear Professor Barrett

The Young Presidents' Organization (YPO) Queensland Chapter thank you for your presentation titled "Building Resilience in Families" on 6 October 2010.

The audience of YPO members, partners and children 11 years+ appreciated the opportunity to learn about the issues that adolescents face from the ages of 11 to 18 years, as they go through significant neurological change prior to their full maturity of adulthood.

Conducting separate sessions for the adults and children allowed each audience a level of comfort to openly discuss the risks and protective factors for healthy emotional development and the social and emotional skills to help the children in dealing with life's challenges and how to build resilience.

Some comments from the attendees included:

- Very interesting and informative.
- It helped me see what to do and how to push past my problems.
- Would have liked more time to discuss the practical suggestions.

Thank you once again for your presentation.

Kind regard

A handwritten signature in black ink, appearing to read "Robert Pullar", is written over the typed name.

Robert Pullar  
YPO Queensland Chapter  
Education Co-Officer 2010-2011